



USATF THREE RIVERS ASSOCIATION 2024 Preliminary Meet #7

Place: Penn Hills HS Track, Penn Hills, PA – Penn Hills High School, 309 Collins Drive, Pittsburgh, PA 15235

Date: Saturday, June 15, 2024 - First Call: 8:45 AM Track & Field events start at: 9:00 AM
Coaches Meeting: 8:30am

Entry Limits: \$11.00/Athlete – CASH, CLUB CHECK OR MO ONLY - *PAYBLE TO PHETF - NO PERSONAL CHECKS*

Meet Director: Charles Carter– 412-246-1511 pheaglestrack@aol.com / www.pennhillseaglestrackclub.com

Awards: Medals 1st – 3rd place, ribbons 4th – 6th place
Relays – Ribbons for 1st – 3rd place

Age Groups: 8 & under, 9-10; 11-12; 13-14; 15-16; 17-18 (limit 3 individual events ONLY plus relay
NO 4 INDIVIDUAL EVENTS)

ORDER OF EVENTS: 3000M; 4x100 relay; 80M-100M-110M Hurdles; 100M Trials; 1500M;
100M Finals; 400M; 1500M/3000M Racewalk; 200/400 Hurdles, 800; 200M Timed Finals, 4X400 relay

Pee wee race will be run at meet

Field events: oldest to youngest – as called
Long Jump, Triple Jump, High Jump, Javelin, Turbo Javelin, Aero Javelin, Shot, Discus (throws area is up top near high school building)

THROWS AREA: Limited seating – bring lawn chairs

NOTE: Parking available in upper lot and high school lot. NO PARKING IN LOWER LOT BY FRALIC CENTER OR TRACK OR ALONG VAL MARTIN DRIVE (No parking signs will be posted).

CONCESSION & RESTROOMS AVAILABLE

NAME _____ GENDER _____ AGE DIVISION: _____

EVENTS:

1. _____ 2. _____ 3. _____ 4. _____
RELAY EVENT ONLY